



NYS Apples

June

2025 K-12



Breakfast

MS/HS



Monday	Tuesday	Wednesday	Thursday	Friday
2 Pretzel	3 Cinnamon sticks	4 Donut	5 Bites	6 Breakfast Burrito
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 French Toast	10 Sausage, Egg & Cheese on a Croissant	11 Breakfast Pizza	12 Donut	13 Muffin Top
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Waffles	17 Last day for 7-12 Bites	18 Cinnamon sticks	19 JUNETEENTH Celebrate Freedom JUNE 19	20 Breakfast Burrito
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 Cook's Choice	24 Last day for UPK-6 Cook's Choice	25 Congratulations NICE GOING! GREAT! Way to Go! Yea! FELICITATIONS CHEERS Take A BEST BOW! WISHES!	26 Graduation 	27
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz			
30 	Have a Sweet and Safe Summer			All Children under 18 are eligible for free food refer to website and /or phone #
			For Information for Summer Meals Please Visit www.Summermealsny.Org Or Call 211 or 866-3-HUNGRY.	

NYS LOCAL FOODS

***Upstate Farms**

Milk, Yogurt, Sour Cream

Eden Valley Growers

Assorted Varieties of Apples

Eden Valley Growers

Assorted Fruits & Vegetables

used in Meal Program

highlighted in green

Breakfast Options Daily

***Daily Entrée-1 (2g) or**

***Cereal 2oz (2G)**

Assorted 1 oz Cereal w/Toast(2g)

Bagels w/Cream Cheese (2g)

Strawberry Pop-Tarts w/toast(2g)

Cinnamon Rolls (2g)

Pillsbury Cinni Minis (2g)

Assorted Muffins w/Toast (2g)

Belly Bears w/4oz Yogurt (2g)

Offered with all Breakfasts

***Whole Grain (WG) Entrees**

***Daily Selection of**

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

***NY State Non-Fat or 1% White Milk**

8oz

This institution is an equal opportunity
Provider and Employer

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

If your student has a particular food allergy, please contact the food service office @
(716)665-6624

Student (1st) FREE
Adult \$2.95